

EXILE PROMISES

The Chapel
May 25, 2025
Ryan Olsen

Read Jeremiah 29:10-14.

1. Ryan described three types of exile seasons: those we deserve, those we enter ignorantly, and those we don't deserve at all. Which of these resonates most with you right now? How might understanding these categories change your perspective on difficult seasons?
2. God permits exile seasons for a purpose (v 10). Share about a challenging time in your life - what growth, strength, or understanding emerged from that time that may not have developed otherwise?
3. Even in exile, God called His people to "seek the peace and prosperity of the city" (v 7). What does it look like to bless others even when you feel stuck, disappointed, or far from God? In what ways can you seek the welfare of others even while going through your own difficult circumstances?
4. How does knowing that Jesus experienced rejection and suffering "so we didn't have to" change how you view your current struggles or exile seasons?
5. God promises to be found when we seek Him with our whole heart (v.13). What distracts your heart when it comes to seeking God fully? What would it look like for you to seek Him with your whole heart this week?