

Sermon Questions



Week 9 - Self-Control

READ GALATIANS 5:16-25

1. The Fruits of the Spirit listed in verses 22-23 begins with love and concludes with self-control. Pastor Dave notes that self-control is essential in order to see the other fruits flourish in our lives. Recall the situations he listed which result in damage and the consequences:

- Food/Alcohol Binging-Health/Finances Suffer
- Insulting someone-Relationships suffer
- Letting distractions control your time-longer term financial or other implications.

Can you identify with any of the above? If so, explain. What are other key areas where we might wrestle with self-control and the consequences?

2. READ I PETER 5:8

What actions are we called to in this verse? Who is the enemy? What is his aim?

READ PROVERBS 25:28

Having no self-control is like a fortress having what?

In a spiritual sense, who has allowed the breach to form? Who walks right through the breach (see I Peter 5:8)? Is an enemy walking through a breach easily detected or defended against?

3. Pastor Dave paused for us to reflect on our areas of self-control issues. Think about potential ties of financial, health, relationship, or career issues to self-control problems. Are you willing to submit these areas to the Holy Spirit's light for inspection? Pray for clarity from Scripture as the Holy Spirit reveals where He needs to work with you. Pray for obedience to His direction.
4. Pastor Dave noted in Point 3 that obtaining self-control is a job for God working in and with you.

THE POWER (Like the E-Bike battery)

- God is Faithful – **READ I CORINTHIANS 10:13** – He makes a way out
- God is Gracious. – **READ TITUS 2:11-12** – His grace makes us want to resist temptation
- God offers His Power – **READ EPHESIANS 5:18** – Self-Control means be filled with the Holy Spirit

THE PEDALING (Like the pedals on the E-Bike—you must pedal to tap the power!)

- Move along with God in His direction. Do not work against His purposes and plan for you to bear fruit! End your group by reflecting on the last 9-weeks of this study. What changes have you noticed? Has fruit been grown or improved? Praise God for the fruit and ask for the Spirit's power to continue to keep in step with the Spirit.

