



FULL.FILLED

Stop . Savor . Shine

Agenda

Friday, March 17

- 7:00pm Check-In & Dessert
- 7:30pm Program start
- 8:20pm Lip Sync
- 9:00pm Program end

Saturday, March 18

- 8:30am Continental breakfast
- 9:00am Program start
- 9:50am Keynote Message #1
- 10:25am Communion
- 10:45am Program break
- 11:00am Breakout #1
Spiritual Breakout
or Lunch
- 12:00pm Breakout #2
Spiritual Breakout
or Lunch
- 1:00pm Breakout #3
Fun Breakouts
- 2:00pm Breakout #4
Fun Breakouts
- 3:00pm Program resumes
- 3:15pm Keynote Message #2
- 4:00pm Program end

Sessions



SAVOR the Savior Julie Barclay

*Savoring brings satisfaction.
We see evidence of this in
relationships, experiences, and
chocolate fudge cake. And it's
no different for our souls. To
experience true fulfillment, we
must savor its source.*



STOP the striving Susan Breitz

*Go. Go. Go. The world
applauds people who are busy.
But, the one person who
accomplished the most and had
the biggest impact on humanity
wasn't always running! He
stopped- often! We can learn
this skill from his example and
begin to practice it right away.*

SHINE your light Julie Barclay

*It's hard to stand out in a
world where we want to fit in.
Shining our light is counter-
cultural, challenging - and
essential to experiencing a
fulfilled life. Don't miss the
purpose and meaning found in
living your life the way God
designed it!*

Spiritual Break-Outs



The Art of Prayer
Power of a Praying Woman
Speakers: Carolyn Bakker and
Leslie Tierney

Have you ever wondered what to pray or how to pray? In this activity, we'll break into small groups & learn how to pray personal, impactful prayers using four steps of prayer as our guide.



Creating a Spiritual Sweet Tooth
Speaker: Jackie VanHook

Do you approach your time with God in His Word as a duty rather than a delight? This breakout will challenge the way you view God's Word and help you engage with it in a way that will still your heart, fill your soul, and spill out into your life.



Once Rejected. Now Accepted.
Speaker: Michelle Johnson

Deep down, we all long to be loved, but life situations can make that difficult to experience. Hear how God transformed one woman's painful story of abuse and neglect into one of life-giving hope and joy, and how He can do the same for you.



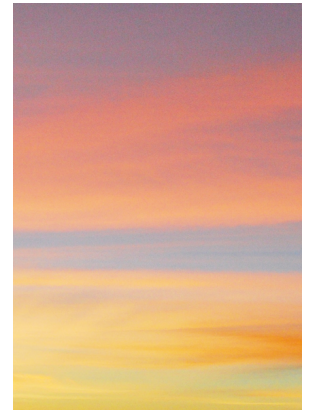
Unexplainable Joy on the
Unexpected Journey
Speaker: Litthya Baez

When life doesn't go the way we had hoped, feelings of despair or defeat can be crippling...but they don't have to have the final word. Discover how you can experience deep-rooted contentment no matter what curveballs life throws your way.

Fun Break-Outs

PAINT & SIP

Liz Lubansky of *We Are Clay* will guide you through a fun and easy paint project while you enjoy some of Nancy Ortiz's delicious mocktails. The project will involve creating a 5x7 painting of this beautiful picture:



PICTIONARY

On your marks, get set, draw! Come and play a large group game of Pictionary with Natalie & Lexi Crosta that is sure to bring lots of fun and laughs.

BINGO

Join the young and energetic Chiara Totoli & Annie Silverstein for a classic game of Bingo with a twist. This laid-back breakout will give you the opportunity to have some fun, interact with your friends, and maybe even win a prize!

MASSAGE/HANGOUT

Come to be blessed by the gift of touch in Ani Berberian & Leonor D'Almeida's massage breakout. Loving hands will pray over you during a 4 min neck, shoulder, and upper back massage. Enjoy the rest of the breakout in our hangout space where you can fellowship with other women.

BRACELET CRAFT

Come out and make a custom beaded bracelet that will be a meaningful reminder of this special weekend. Our gifted team of volunteers will ensure you leave with a beautiful finished product you will love to show off!