



Dear Parents,

As we head into colder weather, it is normal for young children to become sick. While the majority of illnesses will be common colds and viruses, we must take extra precautions to limit the spread of germs.

Please review the below information regarding our sick policy. If at any point you have questions about whether your child is healthy enough to attend school, please send a message on Brightwheel and we will be happy to help you determine the right course of action.

Students who meet the following criteria must not attend school unless they receive an alternate diagnosis from a healthcare provider:

Any **two** of the following symptoms: chills, muscle aches, headache, sore throat, nausea, diarrhea, fatigue, congestion/runny nose, cough, frequent sneezing

Any **one** of the following symptoms: Vomiting, fever over 100*, shortness of breath or difficulty breathing, new loss of taste or smell, constant cough, congestion/runny nose that requires constant blowing or wiping

If your child tests positive for a communicable disease such as Covid, pink eye, Coxsackievirus, strep throat, lice, etc., then you must notify us as soon as possible. The state of NJ requires us to alert other parents from the class that their child may have been exposed to that illness so they can be monitored for symptoms.

If anyone in your household tests positive for Covid, your student must remain home for a full five days (returning on the sixth day past exposure), and they must wear a mask in school for an additional five days. If anyone in your home is awaiting Covid test results, your student must stay home. Covid at-home test results are sufficient for school attendance purposes.

As a courtesy to your student, The Chapel Preschool will provide at-home Covid tests for any parent who requests it.

ABSENCES: All absences must be sent as a message through Brightwheel and be sure to note the reason for the child's absence (ex: she is sick, we are out of town, etc). Send a regular message, **not** "admin" so that the office staff and teachers can all view it.

Thank you for doing your part to keep The Chapel Preschool students and staff healthy!

Jasmine Knaus, Director
The Chapel Preschool