



The Chapel
May 4, 2025
Dave Gustavsen

Week 2: Listening
Psalm 1:1-3



OPENER (5 mins)

Share a time when your relationship with God was particularly close.



JOURNAL SHARING (15 mins)

Psalm 1:1-3
1 Sam. 3:10
Isaiah 50:4-5
Luke 10:39-42



EXTENDED PRAYER (20-30 mins) Lectio Divina using Psalm 1:1-3

Have someone read the passage out loud. Then allow a minute of silence for people to listen & reflect. Repeat. Then enter a time of prayer, inviting everyone to share what God put on their heart.



DISCUSS (15 mins)

1. The Psalm says "Blessed is the one...who meditates on his law day and night."
 - How does meditating on something differ from simply reading or hearing it?
 - How can we meditate on something regularly without diminishing it's interest and reward?
 - In what different ways is God's Word available to us now so that we can meditate on it day and night?
2. Pastor Dave said that when we listen, it changes our prayers and it changes our life.
 - How does listening to God affect what we pray for?
 - Since our character is essentially the fruit that our life produces, how does listening to God change that fruit?



PRAYER → ACTION (5 min)

After praying, what is **one step of obedience** that God is calling you to take this week? It could be a change in your attitude, a specific action, or a way to love and serve others. Record this in your journal, asking God for the grace & power to follow through. Share with your group members also, to help keep you accountable.